

mainsheet

AUTUMN - 2019



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The Official Publication of the Nedlands Yacht Club (Inc)

The Esplanade

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Vision

NYC will be a vibrant, sustainable, responsible and family oriented sailing club encouraging juniors and families into the sport, teaching people to sail or improve sailing skills from juniors to world class sailors.

Aims

- To be a sailing club, with a balance of sailing and social members, and a mix of fleets that supports people to progress to stages of development from beginners to world class sports people.
- To be recognised as the premier off the beach sailing club in the Perth metropolitan area, who can boast friendly members committed to the NYC environment.
- To be a well-managed and financially sound club with a membership base of 600 – 800 people.
- To be recognised as a club with a culture of volunteerism and social belonging leading to excellent standards of sailing competitiveness and behaviour.

What we value

- A unique culture exhibiting modesty and pride in the club.
- A spirited, diverse and actively contributing membership.
- Respect for difference of opinion, and willingness to listen.
- A competitive and sportsmanlike racing culture.
- A club open to all ages, abilities and welcoming to newcomers.
- Providing a quality recognised program of sailing development.
- Care for our surroundings and environment.
- Financial security and sustainability.

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COMMODORE'S REPORT

Welcome to the Autumn Mainsheet Edition. Since our last Edition the Club has continued to focus on improving our Safety on and off the water as well as our commitment to continuous improvement of our Environmental Management of the Club's grounds and operations. Thanks to our Environment Officer, Stephanie Turner, we conducted a presentation to members on Sunday 24th March to inform members of our environmental responsibilities as well as providing practical guidance to members on how they can plan play their part. We also introduced our new Environmental Policy, which can be found in this publication. In our upcoming busy bees we will also focus on physically improving a number of environmental and safety matters surrounding the storage of fuel and paint as well as responsibly disposing of a number of old tyres.

As promised, at our Special General Meeting conducted in December last year where we adopted amendments to the Club's Constitution to meet new regulations, I am pleased to advise that we have formed a Constitution Sub-Committee, consisting of Peter Twiby, Juliann Lloyd-Smith, Ingrid Landwehr and Brian Wooller, to review the entire constitution and how it operates with associated documents such as the Club's By-Laws with the aim of providing the opportunity for all members to participate in creating a modern gender neutral document that will operate efficiently and effectively with the By-Laws. I thank the Sub-Committee in advance for their proactive initiative in establishing the committee and encourage all members to provide their valuable input into the review as well as attend member information sessions as and when they are held.

We have also received praise from Perth Flying Squadron and Claremont Yacht Club's where NYC Cruisers represented the majority of the fleets in their respective recent signature events. Not surprisingly NYC Cruisers took out many the podium positions in these events. Unfortunately we have had a number of on-water safety incidents, many of which involved power boats, most notable during the Hobie States. As a result of these incidents, we have written to WA Australian Sailing and Swan River Racing, where our concerns will be tabled at a Yacht Club level. We have requested Yacht Clubs that have power boat members provide training and education to their power boat members to inform them of mark locations on the river and likely locations on the river where yachts and catamarans will be congested or changing directions with the aim of providing power boats with the knowledge to avoid these locations and/or take more care and have patience when they come across sailing boats. No withstanding the above, I must remind all sailors to keep their heads out of the boat and always look under or around sails to avoid collisions and also be ready to ease sails to bear away behind another boat.

As highlighted above the Club continues to host great events such as the Hobie States, where many competitors and volunteers enjoyed camping on our grounds. Over the Easter Holidays NYC will again host the WA Schools Team Racing Event for the third year running, which is testament to our volunteers and event organisers and our Club being the best off the beach viewing Club on the Swan.

See you on the water.

Gavin Taylor

Commodore



REGATTA'S REPORT

The 2018/2019 Season

The end of another season is in sight with three more consistency heats before Easter and then our Picnic day / Crews' race.

It has been busy on the sailing front. The second short course was regatta was a success with some seriously good racing. The adjustments to the course created separation between the cats and cruisers which lessened the interaction of the fleets. All of this was observed by our friendly drone flown by John. Check out "Sails on Swan" on Youtube & Instagram to see the action.

HMAS Perth Memorial Regatta – this was a very smooth and well-run event this year. The use of the club line gave spectators a great view of the action, extending the club start line to cater for the bigger boats was a success. We didn't have any negative feedback about the courses and the weather was first class. Thanks to the people who baked and brought down food, the ladies that volunteered inside and our canteen angels were as usual in excellent form. The functions/office organisation this year covered all bases, Lucy Bromell our Membership coordinator doing a sterling job with the formal invitations and background work to pull it all together on her first attempt.

Hobie States: the Hobie cat association last year requested the use of the club for their states over the March long weekend. Given the notice to the club it was a little tricky working around some weddings that had already booked out the club. With some coordination between Jacinta running the events and the Hobies teams involved it all worked out perfectly. Thanks to the NYC members and other press-ganged volunteers for helping run an excellent event. It was quite a sight having 32 Hobies on the beach and there are some excellent photo's around to prove it. Well done to Cam & Suz who dominated this year, second was Darren & Claire (despite a boat change and a 50 foot motor boats best efforts). Third was Phil & Caitlyn Epps from Geraldton. Great to see four boats in the top ten from regional WA, it shows how much Hobie talent is out there in WA.

Protest!! is not a word you necessarily want to hear on the water, but when you racing, it's a fact of life. At NYC we tend not to protest too often and try to resolve things as much as possible on the water, which is theoretically ideal, however after a time this tends to lead to people using the racing rules of sailing as a "rough guideline". In the recent few months there have been quite a few incidents that have highlighted the need to take things a bit more seriously. If someone infringes you and they don't do their penalty turns, please take it further. We as a club have the processes and procedures to cope with this but it's a rarely used resource. Remember the first step is mediation with experienced sailors who can clarify the rules. All sailors must and will be afforded respect throughout the process.

Enjoy the rest of the season and see you at the presentation sundowner.

Regards,

Glenn Fairey

Vice Commodore



SAILING CO-ORDINATOR'S REPORT

Hello to Nedlands Members.

How quickly does the season fly by? We are closing in on the end of yet another season. Some of you will be tallying up your Championship and Consistency points to work out how close to the front of the fleet you are, while others like myself will lament how far back in the rankings we are (although I have been told that getting to the start line on time would help...).

Overall we have had a pretty good season with very few abandoned races, although very little in the way of variety – all SW breeze and either course 1 or 2 – none of those pesky Easterlies. We have been hovering just under 50 club boats per race and the Regatta committee are keen to build the number to better than 50 boats on water.

With a quick look backwards since the last Mainsheet we can see the second short course regatta and HMAS Perth regatta. There was much positive feedback to both regatta's during the debrief. The separation of fleets for the Short Course was well received and we plan to add a further mark to enhance the separation. HMAS was well attended by both Nedlands and visiting sailors. A total of 52 boats raced in excellent conditions. Next year will be the 60th regatta, and we hope to build on the number of competing boats.

Looking forward, planning is already underway for next season, with water space requests forwarded to Swan River Racing committee. The Regatta committee is hoping to get a couple of Winter dates up, so keep an eye on Traveller articles over the winter break.

The training courses have gone well again this season with 9 Tackers courses, 4 Start Sailing courses for Teenagers and Adults, and 2x Better Sailing on catamaran courses being run. The Tackers courses have feed into the Junior training fleet with a pleasing increase in the activity on the beach on a Sunday morning. The Adult courses have seen a number of the graduates stay on as crew in the club, but it would be great to see more. If you are looking for a crew or know someone that has held back from racing on a Sunday for lack of crew, the Start Sailing group is a great place to find willing and capable people to sail.

While on the subject of Training, our best marketing tool is word of mouth. If you know of anyone that is vaguely interested in learning to sail, then sing the praises of Nedlands and encourage them to come and try sailing at our great club. I am always happy to chat with potential new students or they can keep an eye on our web page for details.

Best of luck to those of you that have a chance of a podium finish for the season, as for the rest of us, I could think of many a worse thing to be doing on a Sunday afternoon.

Hope to see you on the water.....

Graeme Pennifold - Sailing Co-ordinator



The Office

How are we in Autumn already?

We have had a fantastic Summer with membership numbers increasing and some great feedback from members and sailors on Sundays too. We are working hard to improve the services, expectations and enjoyment you have in being a member at NYC. A few little notes for you;

Meet the Team

There have been some changes in the team over the few months as we grow and develop the Clubs needs. So let me introduce the team to you;

Lucy Bromell – Membership Coordinator

Lucy's passion and commitment has been building member repours so that you can all get out on the water and enjoy yourselves. Her key role is looking after you, our members, who Lucy affectionately refers to as our Sailing Family. You can catch Lucy in the office on a Tuesday and Friday and Sunday mornings during sailing season before she jumps on board her Skipper's Hobie and races the fleet to the finish line. If you need anything on a Sunday come find Lucy before she heads on water.

Claire Bisgood – Accounts & Admin Coordinator

New to the team Claire has come on board in March 2019 and is ready to hit the ground running. Coming from an Accounting background Claire has joined the team to get into the nitty gritty of our accounts, assist in firming up our accounts processes and help in reducing not only the auditing process the expenses too. You'll find Claire in the office on a Monday and Wednesday to say Hi, and around the place on a Sunday crewing on a Hobie, generally up the front of the Hobie fleet.

Graeme Pennifold – Sailing Coordinator

Graeme has been with us for 3+ years as our Sailing Coordinator. Graeme looks after on water activities, actioning Regatta requests and gets your boats on the water through various channels. He also organises all or our Junior training and training courses which produce some great Juniors and Crews who have been hooked with the sailing bug like the rest of us. Graeme's days can very depending on what courses and training we have occurring, but he is generally on site at the Club Tuesdays, Thursdays and Sunday mornings. Make sure you catch Graeme on a Sunday before he also hops on water to race.

Melissa Mairs – Events Supervisor (Training)

Also coming onboard in March 2019 is Melissa who will be training up to be our Events Supervisor. Taryn, who some of you have met, will be leaving mid-year to start a family and so until then Melissa will be training to take over the reins. Melissa comes with a science background and is coming over from Scitech. Melissa's role is to manage business development for the Clubs revenue stream of private and corporate events, filling the empty dates between weddings and throughout Winter. In addition to this Melissa will organise our Australia Day fundraiser, run the events on shift ensuring our clients have an experience that exceeds their expectations and assist in the preparation that occurs in managing events. Melissa's shifts will vary so you may see her during the week in the office, managing events as they occur and also on the bar on Sundays looking after you.

Jacinta Wilson – Managing Secretary and Events Manager

Then there is me, Hi! I get the gas fixed, so you don't have cold showers (better late than never) and assist the Management Committee in keeping the Club on track and compliant. I also manage all our events in partnership with the Events Supervisor to bring home the bacon. I'm generally around Tuesday – Saturdays but also like to be here on Sundays for some of our events to say hi and get to know more of our members. Please come say hi, I'm terrible with names though so apologies in advance!

Fees

The new financial year is fast approaching which means fees are due from 1st May 2019. The fee discounts will work differently this year with a 5% discount to Senior Membership and Storage applicable from 1st May – 21st May only. No discounts from 21st May to 31st July and then a 3% late payment fee added to the fees for Senior Sailing & Storage which accrue monthly from 1st August until you become a financial member.

Please note We have recently discovered that non-financial members are **NOT** covered by Australia Sailing Insurance. To be covered for racing and on water, particularly over winter, you must be a financial member with the Club. If you are racing/sailing over Winter, please be mindful of this.

Security Reminder

Can we please ask that all members be mindful to make sure we lock gates behind us each time we go through them. I know it's painful, but with recent break ins we all will need to make conscious efforts to improve security.

The Management Committee are looking into Security measures as we plan for next financial year and will hopefully have an update in the near future.

Constitution Update

A Sub-Committee has been formed and tasked with the job of updating and refreshing our Constitution to represent a more modern society and reflect our current position.

A call for participation is extended to NYC members to submit suggestions you have for the constitution to constitution@nyc.org.au by 11th April. All submissions are required to be in writing to the email address provided.

An informal meeting will be called soon after this to allow for further discussions around the changes put forward to the constitution. This will then be taken to either the AGM in June 2019 or a Special GM if required.

NATIONAL 125'S



Photo: John Chapman

It's been an active few months for the 125 fleet. Club sailing has proved to be a season of varying wind conditions putting our skills to the test. We have also been busy visiting other clubs and January saw many of us attend Rumble in the Reach at East Fremantle Yacht Club. Where on the water we received a great lesson on the influence the tide can have on direction of sail. There was a case of where we thought we were going was not quite where we ended up.

The Labour Day long weekend showed us the magic of Walpole at Regatta in the Trees. With a fleet of 16 boats from 7 different clubs it was an impressive turn out. Day 1 delighted with 10-12 knots South Westerly for races 1 and 2. Whilst we were preparing for Day 2 racing the sun shone and the water appeared glassy but as predicated in came 12 – 15 South Easterly and we were away. It was a fun and successful weekend for all.

Four boats recently attended the City of Bayswater Regatta at Maylands Yacht Club. The morning started with a light wind and despite a short postponement the first race gave us all time to master the course. By the afternoon the wind picked up and we saw some trapeze action and tactical sailing.



Photo: John Chapman

It's not quite over yet and still to come we have the 38th State Championships – (PRSC) in Albany on 19-21 April. Then later in the year Batavia Regatta (GYC) – 1-2 June.

Madeline Ralph



Photo: John Chapman

NYC HOBBIE FLEET NEWS

The States have been run and won.

32 boats attended; a very healthy number. Three boats came down from Geraldton and Shaggy came up from Esperance. Check out Facebook for the rundown. It includes some great photos -and special drone footage taken by Chris Mata shows the whole 32 boats arranged in a huge and impressive line all the way up the beach.

Congratulations to our winners; 1. Cam and Suzzi 2. Darren and Claire 3. Phil & Caitlyn Epps.

Cam & Suzzi also won the Masters and Togsy and Jessie won the Grand Masters.



Photo: Lindsay Preece



Photo : Lindsay Preece

Daz and Claire provided the story of the event. They came second in the Open despite being involved in about six collisions. One in particular was a brutal high speed collision with a tender that was being towed behind a huge power launch.

Incredibly the offending power launch was heading directly into a tightly packed grouping of about 30 racing Hobies. Its path was completely blocked yet it made no attempt to alter course. Then -after its smash with Daz and Claire it continued on without a pause – a classic hit and run. Peter Hancock was in a support boat and chased after it. He photographed it then called on the driver to stop. When asked, “Why did you do that?” the guy answered –and I quote - “What was I supposed to do?”

Anyhow now for the good bit... -After their brutal collision they raced back to the beach, hurriedly threw their rig and rudders onto one of Cam’s spare boats, and then -without measuring a thing - returned to the start line for the next start just in time –well, just in time for the race that was delayed by a general recall. They came second in that race and won the next one. -The stuff of legend! ...A story like that could be embellished as the years go by...

In his speech at the States, Association President, Robin Dinsdale noted the following- The Association has over 50 members, the Cat Classic attracted 42 entrants, 9 WA teams attended the Nationals –the top 4 were all from WA- Cam & Suzzi, Gavin & Worstie, Daz & Claire and Phil & Caitlyn Epps. Sunday racing at NYC sees an average of nearly 20 Hobies each week. Robin noted that three or four of our teams will attend the Florida Worlds –with Cam & Suzzi also doing the Europeans. He advised that WA will be hosting the next Nationals at Jervoise Bay Yacht Club. He encouraged sailors to attend the winter series at Jervoise; He wants to promote the club and the Nationals and will soon ask us to support a drone video to be made down there.

Robin also mentioned that this season two groups have completed two training courses on Huey, Duey and Louie - our training boats at NYC;. Many sailors have thus been introduced to Hobies and to sailing and three of the course's graduates have become regular Hobie crews.

Esperance Bay Yacht Club has confirmed that it will host our States next year. It appears likely it will be held over Easter (not Labour Day Weekend as usual). Esperance is an incredibly beautiful place to sail; It is not too much to say that the opportunity to sail there is a chance of a lifetime; A regatta you will remember for the rest of your life. There are many wonderful places to visit in and around Esperance too so do consider extending your stay. Being Easter, accommodation will be at a premium; Book early.



Photo: Lindsay Preece

Cheers.

Phil King



Photo : Lucy Bromell

CRUISER FLEET NEWS

Cockburn Sound Regatta, Rockingham: 26 - 30 December 2018

This is an event to put in your calendar and start preparing for the end of the year! In the last rerun of this premier WA off-shore sailing event there was a large contingent of Nedlands boats and sailors represented. Accommodation can be arranged ashore, or on your boat. Alternatively, you can drive down each day. Congratulations to Gavin Taylor for winning the Sports Boat Division and Greg Hill for Winning the Multihull division.



Photo: Shooting the Breeze Photography

Sports Boat Division

1 st	N37 Tiger	Gavin Taylor
2 nd	N151 Childs Play	Ric Fairey

Multihull Division

1st	N85 Whip it	Greg Hill
3rd	N117 Renegade	Ron Stokes
4th	N7 First Tri	Ray Martin

Wally Pickford Marathon, The Perth Flying Squadron Yacht Club: 10 March

An impressive display of Nedlands boats turned out in support of our neighbour's marathon event. Congratulations to Stuart Milne and Owen Randall for winning their respective divisions.

DIVISION 1 & 2

1 st	N96 Trifle	Stuart Milne
3 rd	N955 Beyond Belief	Colin Scott

Great competition was provided by:

N59 Little Wing, Mike Ipkendanz N186 Blown Away, Ray North
N7 First Tri, David Bryant N39 Up Tempo, Don Mullaley
N151 Child's Play, Ric Fairey N37 Tiger, Gavin Taylor
N442 Waka Nina, Paul Todd N117 Renegade, Ron Stokes
N4 Nothing Too Serious, Ray Martin N85 Whip It, Greg Hill
N561 Tinto Madeira, David Feldman

DIVISION 3 & 4

1 st	N56 Masquerade	Owen Randall
2 nd	N200 Accordando	Peter Heydenrych

They were pushed hard by: N6 Tiger Moth, Arthur Hyde N156 Solitaire, Martin Eyer
N133 Rascall II, Peter Twiby N48 Witch Addiction, John Collier



Photo: John Chapman

Commodores Cup, Claremont Yacht Club: 17 March 2019

The cruiser fleet showed up in force to compete in this historical event sailed around the traditional Claremont course. It is notorious for the crowded start in front of the clubhouse. If it is the normal SSW breeze, then this creates a downwind start with a frantic scramble around College Buoy to Starboard as the first mark.

New Members

Rob White

Rob, together with his wife **Franca** and son **Jarrold** left Melbourne for Perth in 2000. Since then Rob has worked in the Oil and Gas industry, Franca in Real Estate and Jarrod is now establishing himself in local film and media. Rob grew up sailing Cadets, Moth Scows and Fireballs and last owned an Endeavour 24 in Melbourne. He has been tempted twice to buy a yacht since arriving in WA, and in November 2018 eventually seized the day and bought the Farr 5000, **Carpe Diem**. We welcome them to Cruiser 3 / 4 fleet, and trust that they enjoy many great sails in good company.



Rob White, *Carpe Diem*, Farr 5000 with Jarrod and Franca

We also extend a warm welcome to:

Lawrie Dixon, Farr 5000, purchased from within the club

Gary Howlett, N811 *Wild Card*, Runnalls 8

David Feldman, N561 *Tinto Madeira*

Allan Thomson EY809 *Lindy*

David Hurst Aletta 2

Carl Stone KB178 *Shearwater*

Simon Bateman N30 *Peregrine II*

Corey McKay N222 *Shiraz*

ADVERTISING WITH NYC



With over 400 members we have a small but engaged marketing audience for you to attract through our weekly Mainsheet newsletters between September – April.

We offer an advertising space in this Mainsheet newsletter amongst some prime realty. The pricing structure is as follows;
\$25 per week if you don't want to commit long term, otherwise we offer
\$75 for 4 weeks which is buy 3 get one free

Please contact Jacinta at events@nyc.org.au for more information and booking form

As you may have seen, last season we had some advertised spaces within the weekly Mainsheet Traveller. This cost-effective advertising option is a great way to promote your business and gain like-minded clients.

All you need to do is provide an 800x600 pixel image and a small blurb and we are ready to go!

This may be something you look into your marketing budget come September/October. Contact Jacinta at events@nyc.org.au for further information.

JUNIORS

Over the summer the juniors have been very active. We have had a consistent amount of around 4 Flying Elevens and 2 or 3 Optimists training each Sunday morning with up to three of those boats racing in the afternoon.

We have got our hands on a new Flying 11 named 'Rubber Ducky' who is in perfect condition and we hope to give her to a good home. The Flying 11 WA association is very keen for us to start leasing and selling boats around the club. With many for offer, if you buy or lease a boat it means that you can always keep track of it and always know and improve the condition it's in. And with all the new juniors we get each season there will surely be plenty of opportunity for a second hand market in coming seasons.

The junior training fleet has been thoroughly encouraged to race in the afternoon, by pairing the kids up with the same person each weekend we aim to create a sense of commitment and urgency to improve. If any of you were out sailing the other weekend you might have seen the spectacular sight that was all three Flying 11 racers within 100m of each other the whole race, making for some close competition.



But it isn't all about Flying 11s. We have also gained many keen junior sailors from the Tackers courses run through the holidays, who come down to enjoy a morning on the water making their way through the Opie fleet. With the lovely Elizabeth joined by a new keen Grace, who are sailing their racing Opie every Sunday, learning heaps and getting faster each and every week.

Juniors aren't just the training fleet, it is also the ones who are at the club, volunteer when they can, or the younger sailors who have moved up to other classes. We had much representation at the Hobie sates, with Sam Bateson and Lachy Owen taking out the first prize in the junior section, as well as Anna Peryer, Elizabeth Smith and Annika Penniford also competing. As well as Hobie representation, Monika Eyer and Annika Penniford have also received a second place prize from the 125 Robb Webb; Traveller series as they show off their class and the club to many other clubs around the state, they will also be representing the club at the upcoming 125 states. As well as the club's classes, the McKinley family took their two Juniors over to represent the club in the Mirror world in Sydney last December/January.

As well as training, we saw many Juniors out and about for the Australia day fireworks with many helping through volunteering in the galley.

The next upcoming event for junior sailors in the Pirate Raid on the 6th of April, see the sailing in company section for more.

We are also looking forward to seeing many of you at the Closing/Picnic day on the 28th of April. And everyone is invited for an event of fun and games at presentation night on the 4th of May.

Cheers,

Annika Penniford, Junior Captain

2018-19 PRESENTATION DINNER

Saturday
4th May '19

5pm- 10pm

\$40pp Adults

\$25pp Kids

12 & under

Includes a complimentary drink
on arrival for members who pre register
and pay before the night

Stand up, mingle, fast paced and fun evening
celebrating another successful sailing season!

What's on?

5-6pm happy hour with a selection of discounted beverages

Presentations start at 6pm sharp

Prizes, Presentations and the bar will be open all night!

Food Trucks to treat you for a dinner fest and
finish off dessert grazing station

Live Acoustic Musician, Photobooth and Games to entertain

How to book your place:

Register online through

www.nyc.org.au/register-for-an-event

Remember that payment of your tickets in advance
scores you a complimentary drink on arrival!!

Pay now via bank transfer:

BSB: 016 484 / ACC: 429 724 669

*Please state full name in transfer title



EVENTS



Photo: Keeper Creative

It feels like these months just fly by and that is what has happened with the last 3 months. We have had 31 weddings/events in 4 months, the Hobie State Championships, HMAS Regatta, Australia Day with some Christmas festivities and the New Year added on top. As always, a busy Summer but a fantastic summer too!

The Hobie State Championships came together perfectly so I would like to extend my gratitude and appreciation to the Hobie Committee and the sailors themselves for assisting in making the States and Weddings that celebrated that weekend a great success.

I think we were all nervous with the thought of running the Hobie States alongside pre-existing Wedding bookings but with excellent organisation and communication we did it! Now let's not do that again! Haha. We did manage a pretty epic picture with the Hobies lined up on the foreshore with a light up Love sign for one of the weddings. What timing!

Lot's of couples get engaged over the Christmas break so we hit the 2019 New Year running with almost 300 enquiries from December – February. With this increase in engagements over the festive period we participated in the Perth Ultimate Wedding Giveaway and hosted a wedding expo in January inclusive of some Radio advertising. Currently we have couples looking to book in for 2019, 2020, 2021 and even 2022! Weddings are expensive and some need a little longer to save for their dream day.

Events as a department are still functioning well and we are looking for opportunities to develop our business to a broader corporate and private event market. Next time you are asked about the work Christmas party, a seminar that needs to be held or a birthday or engagement celebration put forward Neddies as an option. Our beautiful outlook is wasted with no one seeing it during the week or celebrating on those non peak weekends May – September when the sun is less likely shining and your sails are packed away. Plus don't forget as a member if you host a personal event with us you get a 20% discount on venue hire and members priced drinks. Terms and Conditions do apply. Yes, it is already time to think about the Christmas party, we've had Christmas events enquiring since January!

Our weddings and events just keep getting better with a Gatsby themed Christmas party to grazing tables that make you salivate.



Photo: All About Image



Photo: Jacinta Wilson



Photo: Jacinta Wilson

- Jacinta Wilson
Managing Secretary & Events Manager

Winter Break: Sailing the Polish Lakes

by Tony Henderson

All Photos by Tony Henderson

During the autumn and winter months in Perth, sailing virtually comes to a standstill.

Many seek warmer climes by driving North or having a winter break in Bali. Here is another inexpensive option: head to Poland where you can enjoy great sailing and, even for a family, not break the bank! A holiday flat (pensionat) on the lake for a couple, plus a new 25ft yacht, will only set you back around \$200 AUD a day during the peak season, depending on the exchange rate. Meals and drinks are cheap.

So, what's it all about?

The main sailing area in Poland is the Masurian Lake District located in north-eastern Poland, about three to four hours by road from Warsaw or just over four hours by rail. We have now enjoyed two delightful week-long holidays in two of the most popular places, together with my wife, sister and brother-in-law.

June to August is the school and university holiday period and Masuria is a popular holiday destination for Poles, so book early. Due to family considerations we go during July, but it is less expensive in early June, and the locals told me that the sailing is better then, and also in August.

We book a pensionat on the lake front, with comfortable facilities, where the girls sleep. The boys sleep on the yacht, either moored out front, giving access to the pensionat facilities, or out on the lake edge nestled amongst the reeds on an overnight trip.



Pensionat Mikolajki

Our first trip in July 2016 saw us pick up the yacht up in Gizycko (Gizshko) and the sailing was on Lake Dargin.



most part we have experienced warm to hot days with light winds. As the wind strength can increase with little warning, the lake has a unique warning system consisting of tall poles with orange lights. These lights flash with increasing frequency to alert to increasing wind and the need to seek shelter. We experienced one squall of 35 knots with pouring rain.

The second trip was July 2018, where the pick up was from Prazmovo. We motored a couple of hours through the canals, under five bridges, to arrive at our pensionat base at Mikolajki. We then spent the week day sailing from Mikolajki on Lake Sniardwy, the largest lake. After visiting the marina at Popielno we sailed across the lake to Okarlowo, and then moored overnight in a sheltered bay.

Other sailors know the rules so sailing is enjoyable. For the



We are planning a third trip in 2020. So think about it, and why not join us!



Our yacht of choice is the magnificent Phobos 25 built by Dalpol yachts and ours was brand spanking new! It has a standard layout: "V" double berth forward and a double under the cockpit. The head is an enclosed porta potty to port and the galley to starboard has a two-burner gas stove and a small top-loading fridge. The yacht is powered by an 8 HP four-stroke and comes with 12 litres of fuel. Cutlery and crockery are provided. All you need to bring is your own provisions, bedding and life jackets.

By Tony Henderson,
tonyandkrys@bigpond.com.

Please contact me for more info.



Snippet of sailing Trivia about Tony. While swapping anecdotes about the Golden Globe Race (GGR), I learned that some years ago Tony was offered the opportunity to crew on an Endurance 35 sailing around Cape Horn. Tony had always appreciated this design, and it is the class of boat chosen by Igor Zaretsky in the GGR. Needless to say, Tony jumped at the opportunity and cruised from Southern Chile - through the Wollaston's - to Puerto William, Navarino Island, which is at the Southern-most tip of South America. (PR)

ENVIRONMENTAL POLICY

(VERSION 2.0 February 2019)



The Esplanade
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Telephone (08) 9386 5496
hello@nyc.org.au
www.nyc.org.au

Enjoyment of the environment of the Swan River is fundamental to the existence of Nedlands Yacht Club, which is why we are committed to minimising the impacts of our activities on the environment and to continually improving our environmental performance.

This policy statement sets out our commitment to acting in an environmentally responsible manner to protect the environment of the Swan River, including the prevention of pollution and environmental harm, through:

- Requiring members, staff, contractors and guests to comply with all relevant environmental legislation, regulations and other requirements and where possible identify opportunities to adopt best practice over and above minimum legislative requirements.
- Identifying and managing environmental risks within our operations and applying best practice principles to the prevention of pollution and environmental harm.
- Using natural resources responsibly, minimising the creation of waste and recycling as much waste as possible
- Implementing and using management systems to plan, document, measure and monitor our environmental performance.
- Continually improving our performance through training, management review and
- Publicising and promoting our environmental commitment to minimising the environmental impacts of our activities and promoting the responsible use of natural resources and waste minimisation amongst our members, staff and other stakeholders.

A handwritten signature in black ink, appearing to be "Gavin Taylor", written over a horizontal line.

Gavin Taylor
Commodore

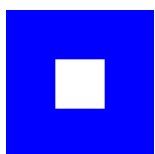
Know your Flags

Lots of info, so if you're in a rush you can just read the important bits in blue!

So, when I wrote my last article about buoy room, I had a few questions about "How do you know what the flags mean?" because face it, we all know our class flag and when to start, anything else and we kind of assume.

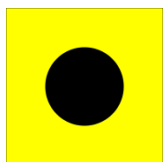
First of all we know that the start sequence is very important in a race, at 5 Minutes the class flag goes up, at 4 another flag pops up (which we call a preparatory flag), this one then goes down again at 1, followed by the class flag falling at start. But the preparatory flag is very important.

The main the preparatory flags used are P, I, Z or Black flag.



P Flag: Normal preparatory signal - A boat over the line at the start must keep clear of boats not returning, and can complete a [Dip start, ie. If you cross the line too early, you just have to dip back through it before you can start again.](#) If you fail to return through the line however you will be scored OCS (the 20% penalty rule)

[Imagine the P flag is the top of the letter "P", and is a dip start.](#)



I Flag: 30.1: If flag 'I' has been displayed, and any part of a boat's hull, crew or equipment is on the course side of the starting line during the last minute before her starting signal, she shall sail across to the pre-start side before starting – [ie. If you cross the line within 1 minute of the start, you must go around an end before starting.](#)

[The 'I' flag looks like an eye... and is round in the middle, to remind you to round the ends.](#)



Z Flag: 30.2: If flag Z has been displayed, no part of a boat shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall receive, without a hearing, a 20% Scoring Penalty. She shall be penalized even if the race is restarted or resailed, but not if it is postponed or abandoned before the starting signal. – [Basically, don't cross the line early or be between the line and the first mark.](#)

[The Z flag has lots of lines, just like the letter. And is dangerous, but if the race is restarted you are safe.](#)



Black Flag: 30.4: If a black flag has been displayed, no part of a boat shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, even if the race is restarted or resailed. If a general recall is signalled or the race is abandoned and is restarted or resailed she shall not sail in it. – [Definitely don't be between the line and the first mark in the last minute of the starting sequence.](#)

[The black flag is black... and very dangerous...](#)

[Make sure you know which flag is up, because you may find yourself rounding the ends with no wind, and wasting valuable time when it was really a P flag. Or getting excited and crossing the line early when it was a Z or Black flag.](#)

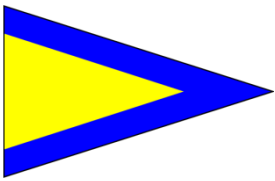
Other Flags to know:

If you cross the start line and a flag is raised, or a sound of the horn is heard, it may be a recall.



X Flag: 29.1; Individual recall

This means a boat (or more) has crossed the line early, and must come back and cross the line again to be counted as a race.

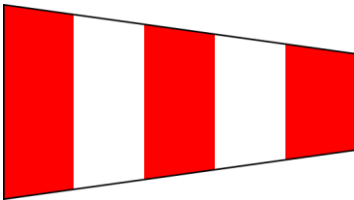


First Substitute: 29.2; General recall

This means all boats of the fleet must come back to the start line and the start sequence will start again, 1 minute after the flag is lowered.

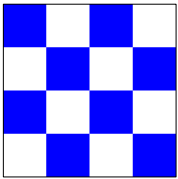
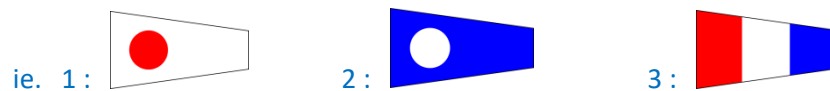
If you think you crossed the line early it may be worth coming back to the line if the X Flag is raised, you may find the starter has raised the X flag when all boats crossed early except one, only that one will get points for the race.

Other Flags to know:



Answering Pennant (or **AP**): 32.1; Races not started are **postponed**.

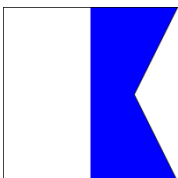
The AP may be followed with a number flag underneath it to show how many hours' races will be postponed.



N Flag : 32.1; All races that have started are **abandoned**. Return to the starting area.

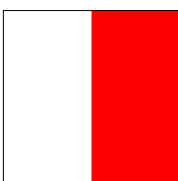
'N' means 'No More Racing'.

Both The AP and N flag can coincide with the A flag or the H flag:



A Flag : No more racing today

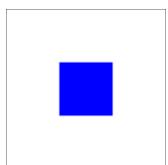
'A' means 'ALL racing is cancelled'



H Flag : Further signals ashore

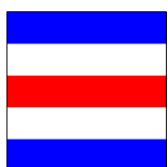
'H' means 'go Home' (back to shore)

Eg. if N is over H, it means 'no more racing, go home'



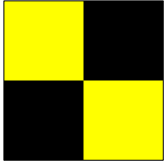
S Flag: Rule 32.2; Shortened course: Changed by NYC SI's to:

A support boat will hold this flag and hail near a mark you must round, to let you know you must pass the mark which the S flag is flying then proceed to Dalkeith Day Buoy if sailing course 1, 2, or 3, and Waratah Day Buoy if sailing course 4 then finish.



C Flag: 33; The position of the next mark has been changed

Usually used in ocean racing when bearings are crucial, or with Olympic classes.



L Flag: Ashore: A notice to competitors has been posted.
Afloat: Come within hail or follow this vessel.



Y Flag: 40; Wear a personal flotation device
Anybody on board any boat must wear a life jacket, PFD or buoyancy vest.
Usually only flown when very strong or dangerous wind or weather conditions are present.



Blue flag : This race committee vessel is in position at the finishing line.
Pretty much an on station flag for the finish line.



Orange Flag: or 'On Station Flag';
Meaning a start sequence will be made soon. All sighting of the start line are taken between this flag and the Pin end buoy. Rule 60 (RRS) and 8.2 (SI's) states that a boat shall not pass in either direction through a start of finish line in use, other than her own.

For more information on flags, read the [Racing Rules of Sailing](#).

Also [Flag and Race Signals](#) have some useful information.

Thanks for reading. Xx
Annika Pennifold

CLOSING DAY FUN SAIL!

Sunday 28th April 2019



08:30-10:30- Kicking off with a delicious brekky BBQ hosted by your flag officers!

Adults- \$10pp & Kids 12 and under \$5pp

09:30-12:30- Giant Slip and Slide!

10:30-12:00- Le-mans off the beach racing with live spectator commentary

13:30- Section FUN RACE- Crew become the skippers!

REGISTER ONLINE FOR BREAKFAST:

<http://www.nyc.org.au/register-for-an-event/>



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