

# mainsheet

Spring - 2019



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## **The Official Publication of the Nedlands Yacht Club (Inc)**

The Esplanade

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### **Vision**

NYC will be a vibrant, sustainable, responsible and family oriented sailing club encouraging juniors and families into the sport, teaching people to sail or improve sailing skills from juniors to world class sailors.

### **Aims**

To be a sailing club, with a balance of sailing and social members, and a mix of fleets that supports people to progress to stages of development from beginners to world class sports people.

To be recognised as the premier off the beach sailing club in the Perth metropolitan area, who can boast friendly members committed to the NYC environment.

To be a well-managed and financially sound club with a membership base of 600 – 800 people.

To be recognised as a club with a culture of volunteerism and social belonging leading to excellent standards of sailing competitiveness and behaviour.

### **What we value**

A unique culture exhibiting modesty and pride in the club.

A spirited, diverse and actively contributing membership.

Respect for difference of opinion, and willingness to listen.

A competitive and sportsmanlike racing culture.

A club open to all ages, abilities and welcoming to newcomers.

Providing a quality recognised program of sailing development.

Care for our surroundings and environment.

Financial security and sustainability.

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# COMMODORE'S REPORT

Welcome aboard for Season 2019/2020.

This season it's time to focus on growing the club membership. Over the last few seasons there has been a lot of groundwork done that can make this possible.

- The appointment of a Sailing Co-ordinator (Graeme Pennifold), Membership Co-ordinator (Lucy Bromell), the re-organisation of the office and the appointment of Jacinta Wilson as Managing Secretary.
- The completion of the second launching ramp allowing trimarans and more trailer sailors to get out racing.
- The return of some Tornado's, F18's and A Classes which should result in the re-establishment of the Open Cats racing fleet.
- Over the break we had five NYC families buy Flying 11's from of the Flying 11 association, giving a great foundation for our junior racing fleet for this coming season.
- With the Tackers courses pumping in potential F11 skippers and crews, this will be the season the junior fleet re-emerges as a serious racing fleet.
- The 125's are expecting five boats out at the start of the season which is a solid start. We intend to use a club 125 as part of the *start sailing courses* to give the participants experience in these boats and encourage them to buy one.

The club has a few levers for growth, the ones we can personally most influence are recruiting and training. If just a third of us recruited a new member each season we would be a very strong club financially and sailing wise within three seasons. Invite a friend or work mate to come and have a look or have a go on Try Sailing Day.

Training is organised through Graeme Pennifold and his team of instructors and volunteers. However, you can help by putting a person from one of the training courses on your boat for a race or maybe just a quick sail to get experience. Integrating and retaining these people is crucial to growing the club. Our retention rate from training could be much higher and getting that rate up will automatically result in more members. Welcoming new people when you see them is another great way for people to feel part of the club. The quicker they have a connection to other people in the club the better. If we all do a little of these things during the next season it will amount to a lot.

As we look forward to the Cat Classic and Opening Day the club seems in good shape all round and we are pretty much ready to go. We have had well attended and productive busy bee's over winter. Even the tower had a spruce up with the help of a cherry picker and some adventurous volunteers. Thanks again to John Collier for being in the eye of the storm and co-ordinating this most important part of the club calendar.

Sail Training Centre - as of today we have only had 2 people comment on the design for the redevelopment of the Sail Training Centre. After the next management meeting we will be able to conclude that design decision process and move onto costing the design. Then the real fun begins getting it through Council and more importantly finding the money to do the job. Stay tuned...



Nedlands Yacht Club has for the last 59 years run the HMAS Perth Memorial Regatta. In Feb 2020 it will be the 60<sup>th</sup> running of the Regatta. The HMAS Perth and service associations involved, including the Royal Australian Navy, will be more active than normal this time around and this will be a big and well attended event. We will be bringing back the nomination fee for the event this time to help pay for trophies. The experiment of dropping the fee to increase numbers didn't give us the resultant increase in numbers we were after.

Awards - over winter the club had some great acknowledgement from Clubs WA of the efforts of the function staff and the club members. We won Function Facility of the year and Club of the Year (medium). Given the quality of the clubs we were up against this is a significant achievement. Well done to Jacinta who put together the award submissions and of course managed the club events over that period.



Website - In the next few weeks you will see a new club website. This is a good refresh and a functional change. The old website was difficult to use and to update. With this new one we hope to put out a fresh and appealing face to prospective members & hirers of the club and make it easier for members to use. See you on the water.



Glenn Fairey  
Commodore

# REGATTA'S REPORT

Hello to all the Nedlands members, and welcome to the Spring mainsheet.

This quarter you catch me having an identity crisis. I normally supply a Sailing Coordinator report, but today it's a Regatta report. For those of you that are not intimate with the inner workings of the club, the Regatta committee is generally chaired by the Vice Commodore. As the club is currently Vice Commodore-less, then we are also Regatta Chair-less. As there is not a dedicated chair, it has fallen to me to offer the Regatta report.

Now before panic ensues and you all run screaming into the streets, let me assure you that the business of managing the sailing aspects of the club will continue thanks to the dedication of the volunteers on the Regatta committee. While talking about the committee, I would like to take the opportunity to thank the Regatta members for their time and their dedication. Without the work of the Regatta committee, very little sailing would occur at the club.

The work for the winter months has focused on the Winter series and the preparation for the upcoming summer series.

The first winter date was August 4<sup>th</sup>, and those that attended had a ball. We got a short race in before lunch and then 2 short races after. The second winter race was scheduled for father's day (September 1<sup>st</sup>), but the weather was not willing to cooperate, so it was abandoned.

The work for the Summer series includes the racing calendar for this season and even into the 2020/21 season. We have discussed and approved the section courses for the 19/20 season. We have reviewed and updated the club Sailing Instructions (The Yellow Book). There is a new fleet start order in the instructions, so make sure you have a browse of the Sailing Instructions.

There has been much discussion over the last couple of months regarding the need for every boat to have a valid Australian Sailing Special Regulations Safety Audit form for this season registered with the office BEFORE you start to race. Please contact your section representatives regarding where these forms can be found and if there are any special considerations for your class. We will be strong on ensuring these forms are complete this season.

While talking about being firm, we will also be strict on members being financial BEFORE you race. If the Boat, Skipper or Crew is unfinancial when you race, no points will be awarded to you for that race. So please make sure your fees are up to date before opening day. Skippers should make sure their crew are financial, as it would be a shame to lose points because your crew have not paid their fees.

Again, for those members that are not intimate with club workings, there is a consultative group that the club is a member of known as the Swan River Racing Committee. This committee is hosted by YWA / Australian Sailing, and the task of the committee is to

coordinate between all the clubs that use the Swan River to ensure that our sailing programs do not seriously clash with each other. Through this committee, we are currently negotiating with the other clubs for water space use over the period of December 2020 and January 2021. In mid January 2021 South of Perth Yacht Club will host the Australian Youth Championships. Before these championships, each of the individual class associations will hold National Championships in Perth. This includes 29ers, 49ers, 420's, Optimist and Open Skates (Bics). As well as this East Fremantle have the Skate Nationals and Mounts Bay have the World Windsurfers. It will be a busy time on the water .....

I will leave you with a couple of giggles.. I found the following shirt while looking for funny sailing quotes



It reminded me of a Hobie that used to sail in the club in the mid eighties. The boats name was

**HOEHEH**



Graeme Pennifold  
Sailing Co-ordinator

# The Office

How has another quarter flown by?

Winter keeps us very busy with our Busy Bees, particularly John Collier who coordinates and executes these seamlessly throughout the off season. Thank you to all who have made each Busy Bee a success due to the sheer numbers you turned up in! It is so wonderful to see the commitment you all make to improving and assisting your Club.

## Membership & Fees

Whilst a huge number of you are fully fledged financial members (thank you), there are still a number of members who are not. Don't forget that if you plan to race as of Sunday 6<sup>th</sup> October, no points will be awarded until all parties on your boat are either financial or a temporary member (if they have never been a member at NYC before). The office team have spent the past 6 months trying to clean up a messy database and one focus we have for the season is to ensure payments and membership are up to date and reflect accurately. By being on top of this we will have the most accurate information to report to management and therefore Management and the Operations team can make the best decisions for the members.

Please remind your crews they need to pay up before Sunday 6<sup>th</sup> October 2019 for this seasons racing.

## Security around the Club

A reminder to all members that as the Club no longer has a live in Bosun the security of the Club is all of our responsibilities. Generally, everyone has been doing a fantastic job over the off season but a few reminders for us all. Those driving into the Cruiser compound, can you please ensure your boom gate is shut and locked each time you go through. If you feel you may be the last person leaving the Club for the day, can we please ask you to shut and lock the front gates. If you are the last person leaving the catamaran compound, can you please check each of the compound gates are shut and locked. This small gesture from each person will ensure our grounds are as secure as possible and we would like to maintain the grounds to be as secure as they can be.

## Fundraising & Grants

As you may have seen, the Management Committee are looking to move forward with our Sail Training Centre (STC) rebuild and with a rebuild comes big costs. Whilst we don't have a final plan costed up just yet, we are already thinking of how we will raise the funds to achieve our goal.

If you have a suggestion for a fundraising idea or a grant opportunity please let Claire, Lucy or Jacinta know and as we brainstorm how to get this project off the ground and funded.



## Member Events

We have a few member events planned for you to enjoy including the AFL Grand Final, Cat Classic, Sailing in Company, the Junior Camp, Members Movie Night and our Annual Australia Day picnic just to name a few.

### Footy Finals

Come down to NYC, bring your friends and family and watch the AFL Grand Final on the big screen with surround sound! The Galley will be open serving footy specials like pies & chips, the bar will be open with finals footy beer specials all day. Let the kids run around on the foreshore, kick the footy and even splash around in the river whilst you catch every second of the 2019 AFL Grand Final.

## GRAND FINAL

**Members - bring your  
friends down to the club  
and enjoy the game on the  
big screen**

**Saturday 28th September 2019**

**Bar Open**

**11:00am - 4:00pm**

**Galley open**

**11:30am - 3:00pm**



### Family Movie Night



This year we will be hosting a Family movie night for members and their guests to come on down and watch a movie under the stars on Saturday 2<sup>nd</sup> November 2019. This night is a fun addition to the usual Junior Camp movie night where we are inviting all members to come down and watch a movie that will be for all ages.

The bar will be open at 6pm, movie will start just after sunset around 745pm and when purchasing your tickets online there will be food available for pre-order up until Friday 1<sup>st</sup> November at 4pm. The food that will be available for pre order includes pizzas and a grazing box filled with delicious cheese, meats, crackers and all things perfect for a movie nibble.

Tickets are \$10 per person and include a bag of popcorn

*Movie yet to be announced!*

Jacinta Wilson

Managing Secretary



Last but not least, there are a few changes to the beverage list for this season as we have kicked out a few options no one was purchasing and added in some potential new favourites including a non-alcoholic beer!

## MEMBERS BEVERAGE LIST

*In blue are new products for the season*

### WHITE WINE

		GLASS	BOTTLE
Angove Sauvignon Blanc	SA, Clean & Crisp	\$5.00	\$15.00
Chalk Hill Estate Moscato	SA, Sweet	\$5.00	\$15.00
Credaro Sauvignon Blanc Semillon	WA, Crisp, Refreshing	\$7.00	\$28.00
Alkoomi Chardonnay	WA, Unwooded & Dry Finish	\$7.00	\$28.00

### RED WINE

Angove Cabernet Sauvignon	SA, Soft, Lively & Fruit Filled	\$5.00	\$15.00
Fat Bastard Pinot Noir	France, Full Body & Soft Finish	\$7.00	\$28.00
Pepperjacks Shiraz	Barossa, Rich, Round & Soft	\$7.50	\$30.00

### SPARKLING WINE

Angove Estate Challis Bridge	SA, Crisp & Medium Dry	\$6.00	\$15.00
Castelli Checkmate	WA, Fresh & Easy Drinking	\$8.00	\$30.00
Risky Business Prosecco	King Valley, Light, Bright & Fresh	\$8.00	\$32.00
<i>Veuve Deville French Sparkling</i>	<i>France, Fresh, Clean &amp; Crisp</i>	<i>\$8.00</i>	<i>\$32.00</i>

### DRAUGHT BEER

	MIDDY	SCHOONER
<i>Colonial Bertie Cider</i>	<i>\$4.00</i>	<i>\$6.00</i>
<i>Colonial Draught</i>	<i>\$4.00</i>	<i>\$6.00</i>
Little Creatures Rogers	\$5.00	\$7.50
Little Creatures Pale Ale	\$5.00	\$7.50

### BEER- BOTTLED

James Boags Light (light)	\$3.00
Becks	\$3.00
Hahn Super Dry	\$4.00
<i>Colonial Small All (mid-strength)</i>	<i>\$5.00</i>
Coopers Pale Ale	\$5.00
James Boags Premium	\$5.00
Peroni	\$5.00
Rogers (mid-strength)	\$5.00
Victoria Bitter	\$5.00
Corona	\$6.00
<i>Gage Roads Single Fin Summer Ale</i>	<i>\$7.00</i>
Little Creatures Pale Ale	\$7.00
Guinness Cans	\$7.50

### CIDER – BOTTLED/CAN

Strongbow Original	\$5.00
<i>Colonial Bertie Cider (can)</i>	<i>\$6.00</i>
Zenzero Alcoholic Ginger Beer	\$6.50
Rekorderlig Strawberry & Lime	\$7.00

### NON-ALCOHOLIC

	GLASS	JUG
Soft Drink	\$2.50	\$10
Juice	\$2.50	\$10
Lemon, Lime, Bitters	\$3.00	\$10
	<b>BOTTLE</b>	
<i>Carlton Zero Beer</i>	<i>\$3.00</i>	

# Sailing in company ~ all welcome.

Saturday October 26 — **Picnic Cruise to Freshwater Bay**. Beach picnic.

Saturday December 14 — **Rocky Bay Raft-up**.

Sat/Sun January 11/12 — **Matilda Bay Overnight**. Picnic dinner, café breakfast.

Wednesday January 22 — Mid-week **Restaurant Lunch** sail.

Long Weekend February 29 — **Rottnest Trip**. Two nights.

Saturday April 4 — Garden Island **BBQ** & Fremantle Sailing Club **Overnighter**.

Monday April 27 — **Pirate Raid** — games and picnic.

*Read The Mainsheet Traveller for reminders and impromptu events.*

*Email [peter\\_twiby@hotmail.com](mailto:peter_twiby@hotmail.com) to register interest in these adventures :)*



# NATIONAL 125'S

It's still a busy time for the 125's. Getting out on the water may not be so easy at this time of year but we still have the Winter Series to keep us going. This has seen boats join us from South of Perth and everyone had an excellent time. We have received many positive responses.

Behind the scenes a lot is happening to organise future events. To get us ready for the season ahead a training session has been organised to dust off the cobwebs and perfect our skills. Training will be held on 21<sup>st</sup> and 22<sup>nd</sup> September and is open to all 125 and flying 11 sailors.

Training will be focused on more basic skill level dinghy sailing, so ideal for newer sailors looking to develop racing skills, boat set up and tuning. The cost is \$20 per boat which includes a sausage sizzle on Saturday afternoon. There will be a compulsory online registration via the WA 125 RevSports site. A link will be available on the WA 125 facebook page.

The training programme will be as follows:

## Saturday 21<sup>st</sup> September

Time	Topic	Coach
1000 Hrs	Rigging your 125 for Safety and Success	Andrew Tailor
1200 Hrs	On Water Session- Boat handling and Weight Placement	Kevin Robson
1500 Hrs	Sails- How they are made/trimming & care	North Sails-TBC
1600 Hrs	Class Rules	Andrew Tailor
1700 Hrs	Debrief and BBQ	Andrew Tailor



**# Camping Overnight is possible. Please let us know if you would like to do this.**

## Sunday 22<sup>nd</sup> September

Time	Topic	Presenter
1000 Hrs	On Water Session- Spinnaker Handling	Kevin Robson
1400 Hrs	Individual Team Discussions	Andrew Tailor & Kevin Robson
1500 Hrs	Knowledge Sharing Session & Pack Up	All



\*It is important you are rigged and dressed ready to go for the on-water session times. Please be prompt

\*Whilst the above is a guide we will be flexible with the times to take into account Weather condition

This is a great opportunity for everyone to get involved so lock in the dates in the diary.



# NYC HOBIE FLEET NEWS

## PHIL'S "FAIRLY" RELIABLE Hobie Report

My scarecrow is out standing in his field – but he's not as outstanding as Cam and Suzie. Neddies strikes again! Now we've conquered Europe – next comes Florida and World Domination. Cam and Suzie had a great campaign in Europe; First in the Europeans and third in the Hobie World Cat event; More importantly they had a really great time. Lucky do-ers! The Europeans is an AWESOME event. 156 H16's alone. It's good to be a Hobie sailor. The Europeans has GOT to be on your to-do list.



### BIG YEAR

With the Nationals in Perth, this year will be a big year for Hobies in WA. Then there's the Cat Classic, the Worlds and the States in Esperance. There will be lots of extra sailing and training for these events.

### WINTER SAILING

The Huck Scott Series and the races at Jervoise were well attended. I'm fairly well informed that Sven and Hunter, Trevor and Elizabeth, Rod and Lucy, Brad and Tayla, Cam and Suzzi, Daz and Claire, Mark and Andres, Jason and Colleen and Phil and Caitlyn were among the most regular serial offenders. I didn't get out sailing but I did get out kayaking with the Mel Flux Capacitor. You may know that Mel and El Presidente Rob did well in the Rotto Swim again this year; not as well as last year when they came third. That was a fantastic result. –It was a bit dodgy - something about having to get out of the water when a shark was sighted, motoring to the finish line, then jumping off and swimming through the finish line in third place. – It got past the stewards so that's the main thing -in the finest Hobie tradition. I probably shouldn't have told that story but luckily no-one reads this thing anyway. I remember Rob once accepted the Women's State Championship trophy wearing a wig and dressed as a girl. That's why he's the president and we are not. ...He's just smarter than we are.

### MANDOON ESTATE How's the Serenity

Aileen's Hobie Party at Mandoon Estate recently was a great success. It was good to meet new Hobie sailors Ray and Ro. Ro was impressed to hear that Aileen sleeps in Hobie pyjamas, but wanted to know how so many people knew about that. We sampled the wine, told a lot of fairly true stories about how great we used to be, sang rugby songs from under the table and finally put car keys on the table as usual.

# 2019 CAT CLASSIC

**\$1000 CASH PRIZES**

**REGISTRATION  
OPEN NOW!!**



**29<sup>TH</sup> & 30<sup>TH</sup> SEPTEMBER 2019  
NEDLANDS YACHT CLUB, WA**



NOT MANY SLEEPS TO THE CAT CLASSIC!!!

## EVENTS

<b>2019 Cat Classic</b>	Sunday Sept 29 & Monday Sept 30, 2019
<b>2019 Opening Day NYC,</b>	Sunday 6 October, 2019
<b>2019 Hobie 16 World Championship</b>	Nov 1st-16th, 2019 Florida, USA
<b>2019 Australian Hobie Nationals</b>	31st Dec 2019 – 4th Jan 2020 Jervoise Bay Sailing Club WA
<b>2020 Hobie WA State Champs</b>	11 <sup>th</sup> – 13 <sup>th</sup> April 2020 Esperance WA

Book your accommodation for Esperance NOW ...or you may end up having to sleep on Mark Landwehr's sofa.

## GOTCHA SURROUNDED

It's good to see so many Hobie sailors on the Committee at Neddies. With Commodore Glenn on the bridge; Andy, Russ and others - and Lucy and Claire in the engine room we've got our wagons around the place. It's like putting Pete's dogs in charge of the sausages. Don't you worry about that.

It's gonna be a great season.

Cheers,

Phil King



# Open Cats.

The return of Open Cats to NYC has seen enjoyable times this season, and we looking forward to an even better participation levels and close racing in season 2019/2020.

The return of Jared and Susie Eyles, Kieran and John Nettleton, and Allan and Kim in Tornado's together with Gavin Parker, Gavin Colby and some irregular F18 sailors means we have enjoyed some very close encounters and most have sailed periodically throughout the winter months.

The section is in a re-building phase so we hope to encourage more Tornados, F18, A Class and NACRAs to return to NYC from the historical fleets, and hopefully re-establish Open Cats as a significant contributor to the Nedlands YC sailing fraternity.



On another note, a shout out to both John Chapman and Lindsay Preece who have over the past season, captured some of the best sailing videos we have seen. Open cats thanks you both for posting such memorable footage of what we enjoy doing best.



Some results that were achieved during 2019 include;

Brett Burvill with Max Putman winning the Tornado World Championships in New Zealand in January - Allan and Kim were 5<sup>th</sup> and Jared and Susie 10<sup>th</sup> - an excellent result for WA sailors.

Allan and Kim scored a 5<sup>th</sup> in the Tornado Europeans Championships in Rimini, Italy in June, and in the F18

Worlds in Spain in July - Brett and Max came 5<sup>th</sup>, Gavin and Pete Dubbelaar 9<sup>th</sup> and Gavin Parker and Dan Brown 15<sup>th</sup> another excellent result for WA sailors in a fleet of over 120 entries. (BTW – Darren Bundock won the world title and Mitch Booth was 4<sup>th</sup> making 5 of the top 10 sailors being Australian.)

With such a high standard being displayed by our Western Australian contingent, it all looks good for an exciting and successful Open Cat season in 2020.



Allan Gamble

Aelous

# JUNIORS

## Junior mainsheet

Although everything has been quiet over the past couple of months, the junior section has been making leaps and bounds in the shadows.

Through a lot of perseverance and dedication, the junior section is on their way to having a fully functional sub-committee of WA Flying 11s. For those of you who don't know, Flying11s are huge over east, the NSW state regattas gather over 100 boats each year. Yet Nedlands is the only club in WA that sails them. A lot of work is being done in the background to organise committee aspects such as old records, a constitution, association boats and their insurance, and association fees.

Most of the junior fleet has spent winter fixing up boats ready for the boom of this upcoming season. I would like to thank Andy Peryer for teaching and instructing specific juniors and their parents on the skills and techniques of fibre glassing so each could improve the quality of their boats (and the club association boats). Hopefully there will be some good days (weather wise), before the upcoming season, that the class can get together and help each other out whilst communally fixing boats.



Although quiet, a small pack of NYC juniors were spotted at the last winter series. They decided it would be more thrilling and they would learn more if they went one-up on Pacers and Opis. There were 5 boats out altogether. The test was on to see whether the crew or skipper was faster (... hint, it's always the crew...). It was great to see the juniors completing races on their own, sometimes only boat lengths between them. I recall rounding Bond spit when I heard all three Opis debating buoy room by the finish line, it was great to see them so passionate.

There are lots of opportunities coming up for the Junior section. The 125 association has invited the F11s to their training weekend. This will be an amazing opportunity for juniors of NYC to experience firsthand coaching from some amazing sailors, with worthwhile knowledge, specific to F11s (and 125s). This is such a prestigious opportunity for all the NYC juniors, and I really hope many of you jump at this training weekend. It will occur



at Nedlands over the 21<sup>st</sup> and 22<sup>nd</sup> of September (from 10AM both days) with a dinner provided on Saturday night. (A small cost of \$20 will be required to cover the expenses of the dinner and professional coaching). I cannot stress enough how helpful this weekend will be for the Juniors, they will learn so much, and will drastically improve with all the skills they will learn.

Another activity for the juniors to look forward to is the Junior Camp. We all know the time will fly by way too quickly, and then camp will be around the corner. The junior camp is an amazing, fun weekend for the juniors to hone in on their skills and have an tremendous, social time with their friends, as well as learning new sailing skills. We will have a movie and popcorn, lots of games and fun activities. Junior camp is the highlight of the year. It will be on the 2<sup>nd</sup> and 3<sup>rd</sup> of November, so make sure you pencil it in your diary. You don't want to miss it.



In summary, the juniors are excited for the new season and on the edge of our chairs to hopefully see many more boats out racing and training, with new owners and fresh faces. We will be focussing on inclusion, to hopefully grow our fleet so we can become strong, independent and known around the river.

It is also great to so many junior out and about, not just in F11s and Opis, but young ones on Hobies and on cruisers. Keep up the good work! And don't hesitate to join in or come to our social events (such as the Camp).

Thank you,  
Annika Pennifold



## ADVERTISING WITH NYC

As you may have seen, last season we had some advertised spaces within the weekly Mainsheet Traveller.

Would you like to advertise your business to 400 NYC members on a weekly basis for the low price of \$25 for individual weeks, or \$75 for a 4-week run?

This cost-effective advertising option is a great way to promote your business and gain like-minded clients.

All you need to do is provide an 800x600 pixel image (similar to below) and a small blurb and we are ready to go!

This may be something you look into your marketing budget come September/October. Contact Jacinta at [events@nyc.org.au](mailto:events@nyc.org.au) for further information.

**YOGA CLASSES FOR EVERY AGE**

<p><b>YOGA FOR GROWN UPS 50+</b> An all levels class focussed specially designed for maintaining strength, balance, brain function and happiness 11am Monday and Friday</p>	<p><b>RESTORATIVE / YIN</b> A slower more meditative practice. Perfect for anyone suffering from injury, illness overwhelm or needing to just slow down Monday, Tuesday, Thursday 7pm, Friday 12 noon, Sunday 9am</p>	<p><b>ROLL AND RELEASE</b> Balls and props in combination with targeted stretching are used to release muscle tension and fascial adhesion. The class finishes with a blissful savasana leaving you to float off to enjoy the rest of your afternoon. Wednesday 12 noon</p>
<p><b>YOGA ALL LEVELS</b> Monday 545, Tuesday 930, 545pm Wednesday 930, 12noon, Thursday 545pm</p>	<p><b>Bookings Essential</b> <a href="http://www.nedlandsyoga.com.au">www.nedlandsyoga.com.au</a> Ph. 0400 770 034</p>	

**Nedlands Yoga Centre**  
YOGA • PILATES • BODY • MIND



# EVENTS

Hello and welcome back to another mainsheet article where you are just simply thrilled to read about what our events team is up to. No really, I know you are!

Winter for us is typically quieter in regard to the number of events we hold because our prime sell is that stunning foreshore of ours. However with a few staffing movements, including Taryn off creating her family, and a new team member beginning we are hoping to create the ground work now to build on these events not only throughout the year filling in the gaps around weddings, but also throughout winter and utilising the Clubhouse for more seminars, team building days, product launches and all of the corporate events plus birthday parties and engagement parties too.



With minimal events, Winter becomes not only the time of year we jet off on holidays but it is also our planning time of the year. This winter we have spent a great amount of time discuss and putting into action business development avenues for our private & corporate events, we have been looking at ways to increase revenue from events and have been busy creating a marketing calendar. The implementation of a marketing and content calendar this year will enable us to keep on top of our marketing for all aspects of the Club including events, sailing/membership and sailing courses throughout the season when we are busy caught up in the sailing & events season. By creating this we are also able to ensure an even spread of the marketing pie, enough length in marketing lead in times where required and most of all we are prepared. You should hopefully see an increase not only in Facebook content through the season, but also sufficient promotion within the Club of what we are up to with social events, training days and all that jazz.

Our event season began in late August with our first event to kick off the 36 week (so far but it will likely extend) event season we have this year taking us through to mid-April 2020. Amid this season includes weddings of 200+ guests, event days with 2 (and on one occasion 3) events in one day, a New Years Eve wedding, a wedding expo, styled photoshoots, corporate seminars, corporate client days and of course weddings and Christmas celebrations. We are looking forward to a busy and successful events and sailing season with you.



- Jacinta Wilson
- Events Co-ordinator

PS: Don't forget to mention us at work if you hear someone is planning an event. Whether that is a corporate seminar, 30<sup>th</sup> birthday party, someone just got engaged and will be looking for a wedding venue or to whoever is planning your Christmas function!



# LOOKING FOR A UNIQUE VENUE FOR YOUR FESTIVE CORPORATE EVENT?

Located on the banks of the Swan River  
and only 15 minutes from Perth CBD,  
Nedlands Yacht Club is the perfect  
choice for your next festive event.



## NYC.ORG.AU





# GRAND FINAL

**Members - bring your  
friends down to the club  
and enjoy the game on the  
big screen**

**Saturday 28th September 2019**

**Bar Open**

**11:00am - 4:00pm**

**Galley open**

**11:30am - 3:00pm**





## OPENING DAY 2019-2020

Yellow Book will be available soon and will be ready for Opening Day



# NEDLANDS

