



Opening Day Regatta Open Invitational

SAILING INSTRUCTIONS

Sunday 1st October 2023

Organising Authority: Nedlands Yacht Club (Inc.)

Version Control: Ver 1.1 30/09/2023

SAILING INSTRUCTIONS

1. ORGANISING AUTHORITY

- 1.1. The Organising Authority is the Nedlands Yacht Club (Inc.) – NYC.
- 1.2. The NYC Regatta Committee is appointed “Race Committee”.
- 1.3. The “NYC Officer of The Day” (OOD) is the “Race Officer” and is the representative of the “Race Committee”.

2. RULES

- 2.1. The Event will be governed by the rules as defined in the *Racing Rules of Sailing (RRS)* including the prescriptions of Australian Sailing and The Nedlands Yacht Club Sailing Instructions for 2023/24 (Yellow Book), except as changed by these rules.
Note: The Nedlands Yacht Club Sailing Instructions for 2023/24 (Yellow Book) can be found at www.nyc.org.au/sailing/sailing-programme-yellowbook/
- 2.2. The Australian Sailing Special Regulations Part 1, Section 2 to Category 7 shall apply to Cruiser fleets.
- 2.3. The Australian Sailing Special Regulations Part 2, regulation 5.01 (Personal Flotation Devices) will be enforced for Dinghy and Off the Beach catamaran fleets.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the Race Control notice board located at NYC Sail Training Centre.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any changes to the sailing instructions will be posted on the Race Control notice board no later than 45 minutes before the first warning signal for of the day.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the yardarm adjacent to the NYC Control tower.
- 5.2. When flag AP is displayed ashore, A warning signal will be made not less than 1 minute after the end of a postponement period. This changes “Postponement Signals” in “Race Signals”

6. FLEETS AND STARTING PENNANTS

6.1. The below table shows the Fleets and pennants they will start under.

FLEET	PENNANT
Juniors	Flying 11 emblem on white
Open Dinghy	Black 125 emblem on white
Cruiser Division 1	Naval Numeral One (1)
Cruiser Division 2	Naval Numeral Two (2)
Cruiser Division 3&4	Naval Numeral Four (4)
Hobie 16	Black Hobie class emblem on yellow
Open Cats	Black Tornado class emblem on white
S80 Invitation Metro race	S80 Penant

6.2. Additional fleets maybe added on the day and Fleets maybe combined.

7. SCHEDULE

7.1. Nominal schedule of events is as follows

- 13:00 hrs – Commencement of Opening Ceremony of Main Verandah
- 13:30 hrs – Breaking of the Flag, including firing of the gun and display of Line in Use pennant
- 13:40 hrs – Warning signal for first fleet
- 13:45 hrs – S80 Invitational Metro heat fleet start
- 13:50 hrs – Open Dinghy fleet start
- 13:55 hrs – Open Catamaran fleet start
- 14:00 hrs – Cruiser Division 1 fleet start
- 14:05 hrs – Cruiser Division 2 fleet start
- 14:10 hrs – Cruiser Division 3&4 fleet start
- 14:15 hrs – Hobie 16 fleet start
- 14:20 hrs – Junior fleet start

8. RACING AREA

8.1. The races will be sailed on Melville Water area of the Swan River, adjacent to the Nedlands Yacht Club shoreline.

9. COURSES

- 9.1. Courses are defined in the Nedlands Yacht Club Sailing Instructions for 2023/24 (Yellow Book).
- 9.2. The course to be sailed for will be indicated by the display of painted representative of the numeral pennant representing the course number at least 5 minutes prior to the warning signal.
- 9.3. The Open Dinghy fleet will race a “Long” designated course (as noted for Championship and Handicap start races), and not a “Short” designated course (as noted for Consistency races).

10. MARKS

- 10.1. Marks are as described in the Nedlands Yacht Club Sailing Instructions for 2023/24 (Yellow Book) under the section “Marks”

11. NOTICE OF INTENT TO RACE AND RETIREMENT

- 11.1. It is a safety requirement that all boats register their intent to race, and if they retire or fail to finish must notify the Race Committee via the retirement sheet.
- 11.2. Notice of intent to race shall be lodged by signing the Sign-On Sheet at NYC prior to the warning signal.
- 11.3. A boat that is unable to comply with 11.2 as it has come direct to the starting area from another club by water and is registered to compete may signal its intent to race by sailing within the area of the start line after the warning signal for its fleet.
- 11.4. Boats failing to notify of intent to race shall be awarded a score of Did Not Compete. This changes Rule A4.
- 11.5. A boat that retires from a race shall sign the retirement notification sheet within the NYC Sail Training Centre as soon as possible.
- 11.6. A boat that is unable to comply with 11.5 as it is returning directly to another club by water must advise the Race Committee by phone (9386 5496) or VHF radio channel 74 as soon as practicable.

12. THE START

- 12.1. The Start will be a Club Box Start as described in the Nedlands Yacht Club Sailing Instructions for 2023/24 (Yellow Book).

13. GENERAL RECALLS

- 13.1. Recalled fleets go to the end of the starting sequence. This changes RSS Rule 29.2.

14. THE FINISH

- 14.1. The Finish will be as described in the Nedlands Yacht Club Sailing Instructions for 2023/24 (Yellow Book).

15. PENALTY SYSTEM

- 15.1. For multihull fleets only, Rules 44.1 and 44.2 (taking a penalty) are amended so that only one turn, including one tack and one jibe, are required.

16. TIME LIMITS

- 16.1. A time limit for the first boat of each fleet is set as 2 hours and 30 minutes from the start time of the fleet.
- 16.2. Boats that fail to complete the course within the time limit, or 30 minutes after the first boat – which ever is later, will be awarded a DNF. This changes Rules 35, A4 and A5.

17. PROTESTS, REQUESTS FOR REDRESS AND ARBITRATION

- 17.1. Protests, Requests for Redress and Arbitration will be as described in the Nedlands Yacht Club Sailing Instructions for 2023/24 (Yellow Book)

18. SCORING

- 18.1. This event is a heat of the Nedlands Consistency series and will be scored as per the Nedlands YC Sailing Instructions for 2023/24 (Yellow Book).
- 18.2. Visiting boats will be supplied a Handicap by the handicapper for the fleet in which they race.
- 18.3. Visiting boats will be incorporated in the results for the day but will not be awarded series points.
- 18.4. Visiting fleets can be supplied elapsed times for their own use. They can provide handicaps or yardsticks for use on the day

19. SAFETY AND RESPONSIBILITY

- 19.1. Attention is drawn to the RRS, Part 1, Fundamental Rule 3, “Decision to Race”, which states, “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”
- 19.2. The Club and its officials are not responsible for the seaworthiness of boats or for the sufficiency or adequacy of their equipment.
- 19.3. Boats designated in the Cruiser divisions must comply to a level of Category 7 of the Australian Sailing Special Regulations Part 1, Section 2.
- 19.4. As per the Australian Sailing Special Regulations Part 2, regulation 5.01, Personal Flotation Devices must be worn by all Dinghy and Off the Beach catamaran crews. Further, when Flag “Y” is flown either ashore or on the start boat, then all competitors must wear PFD’s.

20. SUPPORT BOATS

- 20.1. Support boats will display a green over white diagonal flag.
- 20.2. Support boats and crew will be supplied by NYC under its standard operating procedures.
- 20.3. Support boats have right of way at all times. Redress does not apply to a boat disadvantaged by a support boat performing rescue operations.

21. PRIZES

- 21.1. Prizes will be awarded at the discretion of NYC.

22. DISCLAIMER OF LIABILITY

- 22.1. All those taking any part in the event do so at their own risk. The Organising Authority, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.

23. INSURANCE

- 23.1. Each participating boat shall be insured with current third party personal liability insurance cover with a minimum cover of AU\$10,000,000 per incident.